Personal Goal

What do you want to achieve from this project? This might be a personal developmental goal or something organisational. What are the outcomes you're most invested in?

Working patterns

When do you tend to work?

Other commitments/life stuff

Do you have other stuff going on in life that might be useful for the team to know?

Strengths

What do you do really well? Which are the skills you rely on?

Development areas

What skills or ways of working do you want to improve and practice?

Preferences - Altitude

Where do you prefer to work, zoomed out or down in the detail?

Detail Zoomed out

Preference - Working style

How do you prefer to work - out in the open, think it through before sharing, quick sense checks?

Discomfort areas

What skills or ways of working are you uncomfortable with?

Preferences - Ambiguity

How comfortable are you with ambiguity and foggy work?

Struggle Cope Enjoy

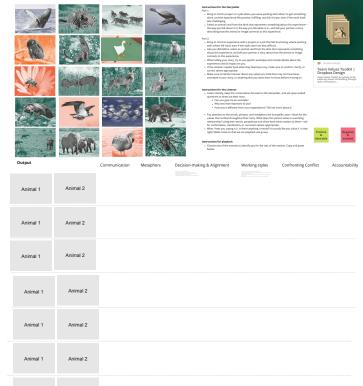
Preferences - Conflict

How comfortable are you with conflict and disagreement?

Struggle Cope Enjoy

Collaborators & connections

Who are your buddies in the business who might provide useful sources of information and influence?



Team values

Animal 1

Animal 2